



INTERNATIONAL QUALIFICATIONS  
AND ASSESSMENT CENTRE (IQAC)



<b>Programme</b>	<b>CYBER SECURITY DIPLOMA - LEVEL 7</b>	
<b>Unit Number/ Unit Title</b>	<b>UNIT 4 ETHICAL HACKING, RED/BLUE TEAMING, AND CYBER WARFARE SIMULATION</b>	
<b>Cohort Code:</b>	L07EHRB-U4	
<b>Unit Level</b>	Level 7	
<b>Total GLH</b>	Total qualification time 200/ Total Guided learning hours 90/ Self-guided learning hours 110	
<b>Credits</b>	20 CATS/ 10 ECTS	
<b>Lecturer</b>		
<b>Start Date</b>	<b>End Date</b>	

<b>Unit Aims</b>	This unit equips learners with advanced offensive and defensive cyber skills through real-world cyber warfare simulations. Students will gain hands-on experience in ethical hacking, red teaming, blue teaming, and the design of cyber ranges and exercises. Emphasis is placed on ethical, legal, and tactical dimensions of modern cyber conflict.
<b>Differentiation Strategies</b> <i>(e.g. planned activities or support for individual learners according to their needs)</i>	The total number of students to be in the lesson is approximately 20. This is a multicultural group of students predominantly between the ages of 24 – 45, with numerous ethnic, gender, and creed background. These are UK academic level 5 students; hence it is assumed that they have practical, theoretical, or technological knowledge and understanding of a subject or field of work to find ways forward in broadly defined, complex contexts. These students must be able to generate information, evaluate, synthesise the use information from a variety of sources. Various approaches to addressing the various identified students needs will be adopted throughout the lesson. Such will include:- <ol style="list-style-type: none"><li>1. Progressive tasks</li><li>2. Digital resources</li><li>3. Verbal support</li><li>4. Variable outcomes</li></ol>

	<p>5. Collaborative learning</p> <p>6. Ongoing assessment</p> <p>7. Flexible-pace learning</p>
<b>Equality &amp; Diversity</b>	Variety of teaching techniques will be employed to ensure that the needs of each individual learner are met.
<b>Safeguarding &amp; Prevent</b>	Safeguarding policies and the Prevent duty are strictly observed to ensure the safety, well-being, and inclusivity of all students and staff.
<b>Health &amp; Safety</b>	SIRM H&S policies will be maintained.
<b>Learning Resources</b>	<p style="text-align: center;"><b>Teaching and Learning Materials</b></p> <ul style="list-style-type: none"> <li>• Grimes, R. A. (2017). Hacking the Hacker. Wiley.</li> <li>• Allen, J. (2020). Offensive Countermeasures: The Art of Active Defense.</li> <li>• MITRE ATT&amp;CK Framework Documentation.</li> <li>• Greenberg, A. (2019). Sandworm: A New Era of Cyberwar.</li> <li>• EC-Council. Certified Ethical Hacker v11 Courseware.</li> </ul>

Learning Outcome	Assessment Criteria
<b>LO1. 1. Apply advanced ethical hacking methodologies.</b>	<p>1.1 Conduct multi-layered penetration tests using tools (e.g., Metasploit, Burp Suite).</p> <p>1.2 Demonstrate post-exploitation techniques in controlled environments.</p>
<b>LO2. 2. Develop red team operations.</b>	<p>2.1 Design realistic red team campaigns targeting organizational systems.</p> <p>2.2 Evaluate tactics, techniques, and procedures (TTPs) using ATT&amp;CK Matrix.</p>
<b>LO3. 3. Execute blue team defense strategies.</b>	<p>3.1 Configure SIEM tools and incident response playbooks.</p> <p>3.2 Analyze red team engagements and develop countermeasures.</p>
<b>LO4. 4. Simulate cyber warfare scenarios.</b>	<p>4.1 Create cyber range environments using virtualization/emulation.</p> <p>4.2 Orchestrate attack-defense exercises aligned with real-world APT profiles.</p>
<b>LO5. 5. Evaluate legal and ethical considerations in offensive security.</b>	<p>5.1 Interpret legal frameworks governing penetration testing and red teaming.</p> <p>5.2 Discuss ethical dilemmas in state-sponsored cyber operations.</p>

Week	Learning Outcome / Topic	Learning and Teaching Activities	Which assessment criteria does the session relate to?	Day/month/year/ signature
1	<b>Advanced Penetration Testing Frameworks</b>	<b>Advanced Penetration Testing Frameworks</b> – MITRE ATT&CK, PTES, OSSTMM	LO1: Apply advanced ethical hacking methodologies	
2	<b>Network Penetration Testing</b>	<b>Network Penetration Testing</b> – VLAN hopping, DNS spoofing, and MITM attacks	LO1: Apply advanced ethical hacking methodologies	
3	<b>Web App Hacking</b>	<b>Web App Hacking</b> – OWASP Top 10 exploitation (SQLi, XSS, CSRF) with Burp Suite	LO1: Apply advanced ethical hacking methodologies	
4	<b>Post-Exploitation Techniques</b>	<b>Post-Exploitation Techniques</b> – Privilege escalation, lateral movement, persistence	LO1: Apply advanced ethical hacking methodologies	
5	<b>Wireless &amp; IoT Hacking</b>	<b>Wireless &amp; IoT Hacking</b> – WPA3 cracking, RFID cloning, SDR attacks	LO1: Apply advanced ethical hacking methodologies	
6	<b>Lab: Full-Scope Penetration Test</b>	<b>Lab: Full-Scope Penetration Test</b> – From reconnaissance to exfiltration	LO1: Apply advanced ethical hacking methodologies	
7	<b>Red Team Planning &amp; Scoping</b>	<b>Red Team Planning &amp; Scoping</b> – Objectives, rules of engagement, stealth tactics	LO2: Develop red team operations	
8	<b>Review</b>	- Review of LO1 topics - Practice questions and mock assessment - <b>Half-term assessment</b> based on LO1 (theory)	LO1 LO2	
9	<b>Adversary Emulation</b>	<b>Adversary Emulation</b> – Mimicking APT groups (e.g., APT29, Lazarus)	LO2: Develop red team operations	
10	<b>Custom Malware &amp; C2 Frameworks</b>	<b>Custom Malware &amp; C2 Frameworks</b> – Cobalt Strike, Mythic, Sliver	LO2: Develop red team operations	

11	<b>Bypassing Modern Defenses</b>	<b>Bypassing Modern Defenses</b> – EDR evasion, AMSI bypass, anti-forensics	LO2: Develop red team operations	
12	<b>Lab: Red Team vs. Enterprise AD Environment</b>	<b>Lab: Red Team vs. Enterprise AD Environment</b> – Kerberoasting, Golden Ticket attacks	LO2: Develop red team operations	
13	<b>Debriefing &amp; Reporting</b>	<b>Debriefing &amp; Reporting</b> – TTP documentation and gap analysis	LO2: Develop red team operations	
14	<b>Review</b>	<ul style="list-style-type: none"> <li>- Comprehensive review of all learning outcomes</li> <li>- Practice questions and revision of key topics</li> </ul>		
15	<b>Midterm</b>	<b>Final-term assessment</b> covering all learning outcomes (theory and practical elements)		
16	<b>Feedback &amp; Reflection</b>	<ul style="list-style-type: none"> <li>- Review</li> <li>- Individual feedback on performance</li> <li>- Reflective discussion on key learning points</li> </ul>		
17	<b>SIEM Configuration &amp; Tuning</b>	<b>SIEM Configuration &amp; Tuning</b> – Splunk, ELK, Microsoft Sentinel	LO3: Execute blue team defense strategies	
18	<b>Threat Hunting with YARA/Sigma Rules</b>	<b>Threat Hunting with YARA/Sigma Rules</b> – Proactive IOC detection	LO3: Execute blue team defense strategies	
19	<b>Incident Response Playbooks</b>	<b>Incident Response Playbooks</b> – NIST SP 800-61, SANS PICERL	LO3: Execute blue team defense strategies	
20	<b>Deception Technologies</b>	<b>Deception Technologies</b> – Honeypots, canary tokens, honey accounts	LO3: Execute blue team defense strategies	
21	<b>Lab: Analyzing Red Team Logs</b>	<b>Lab: Analyzing Red Team Logs</b> – Detecting covert C2 channels	LO3: Execute blue team defense strategies	

22	<b>Tabletop Exercise: APT Incident Response</b>	<b>Tabletop Exercise: APT Incident Response</b>	LO3: Execute blue team defense strategies	
23	<b>Review</b>	<b>Cyber Range Design</b> – Building virtualized attack/defense labs (CLARK, DETER)	LO4: Simulate cyber warfare scenarios	
24	<b>APT Simulation Exercises</b>	<b>APT Simulation Exercises</b> – Emulating nation-state threats (e.g., Stuxnet, NotPetya)	LO4: Simulate cyber warfare scenarios	
25	<b>Critical Infrastructure Attacks</b>	<b>Critical Infrastructure Attacks</b> – ICS/SCADA exploitation (Modbus, Siemens)	LO4: Simulate cyber warfare scenarios	
26	<b>War Game: Capture the Flag (CTF) with Red vs. Blue Teams</b>	<b>War Game: Capture the Flag (CTF) with Red vs. Blue Teams</b>	LO4: Simulate cyber warfare scenarios	
27	<b>Legal Frameworks for Offensive Security</b>	<b>Legal Frameworks for Offensive Security</b> – CFAA, GDPR, penetration testing contracts	LO5: Evaluate legal and ethical considerations	
28	<b>Ethics of Cyber Warfare</b>	<b>Ethics of Cyber Warfare</b> – Geneva Convention debates, hack-back policies	LO5: Evaluate legal and ethical considerations	
29	Final Exam Preparation & Review	LO1, LO2, LO3, LO4	LO1, LO2, LO3, LO4	
30	Final Exam		LO1, LO2, LO3, LO4	